



TCHOUKBALL MODIFICATIONS

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These are suggested modifications of the rules. Use of these modifications will depend on what best meets the needs of your students in promoting maximum active participation.

- first and foremost, never change the rule that prohibits any defense...this means no one-on-one guarding, interceptions, pass interference, blocking the path of the ball off the Tchouk, impeding the movement of a player, negative comments
- assess students and have comparable skill levels competing against one another; this will be more challenging for all and less intimidating for lower skilled players
- when starting the game or after a point is scored, there is no limit of passes to get the ball past mid-court/field
- no limit on passes before shooting
- allow three steps after catching the ball on the move
- designated a minimum number of passes before shooting
- everyone must catch a ball before a shot can be taken
- you may not pass back to the person that passed it to you
- passes must go boy-girl-boy-girl
- with large groups playing sideline Tchoukball, ball must be passed to a sideline player every other throw; there must be some of each team on both sides or no specific teams on sidelines and ball can be thrown to anyone on the team in possession
- if the ball hits the frame or misses the Tchouk completely: beginner – team who threw the ball retains possession; intermediate - it is a change of possession...no point
- in limited space with limited equipment, divide the playing area into several games that might include Tchoukball, Speedball, Ultimate, Team Handball, Omnikin, Momentum
- limit the number of players to 6-8; as in any game with too many players, many will be left out and not get a chance to be actively involved
- designate passers and scorers so some players do not monopolize the game by trying to score all the time; switch after a point or when play is stopped
- use whistle stops to discuss play, make rule clarifications, question strategies
- only 3 consecutive throws at a tchouk
- after attempting a shot on goal, a player must go to the other end of the playing field – past mid-field

The Official Tchoukball Rules can be found at www.tchoukballpromo.com